



Foundations Part 9

Genesis 3

[21](#) *And the Lord God made for Adam and for his wife garments of skins and clothed them.*

[22](#) *Then the Lord God said, “Behold, the man has become like one of us in knowing good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever—”*

John 10:10: Jesus says, I have come that they may have life, and have it to the full.

[23](#) *therefore the Lord God sent him out from the garden of Eden to work the ground from which he was taken.*

[24](#) *He drove out the man, and at the east of the garden of Eden he placed the cherubim and a flaming sword that turned every way to guard the way to the tree of life.*

Genesis 4

[1](#) *Now Adam knew Eve his wife, and she conceived and bore Cain, saying, “I have gotten a man with the help of the Lord.”*

[2](#) *And again, she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a worker of the ground.*

3 *In the course of time Cain brought to the Lord an offering of the fruit of the ground,*

4 *and Abel also brought of the firstborn of his flock and of their fat portions. And the Lord had regard for Abel and his offering,*

5 *but for Cain and his offering he had no regard. So Cain was very angry, and his face fell.*

6 *The Lord said to Cain, "Why are you angry, and why has your face fallen?"*

7 *If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is for you, but you must rule over it. "*

8 *Cain spoke to Abel his brother. And when they were in the field, Cain rose up against his brother Abel and killed him.*

9 *Then the Lord said to Cain, "Where is Abel your brother?" He said, "I do not know; am I my brother's keeper?"*

10 *And the Lord said, "What have you done? The voice of your brother's blood is crying to me from the ground.*

11 *And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand.*

12 *When you work the ground, it shall no longer yield to you its strength. You shall be a fugitive and a wanderer on the earth. "*

13 *Cain said to the Lord, "My punishment is greater than I can bear.*

14 *Behold, you have driven me today away from the ground, and from your face I shall be hidden. I shall be a fugitive and a wanderer on the earth, and whoever finds me will kill me. "*

15 *Then the Lord said to him, "Not so! If anyone kills Cain, vengeance shall be taken on him sevenfold. " And the Lord put a mark on Cain, lest any who found him should attack him.*

16 *Then Cain went away from the presence of the Lord and settled in the land of Nod, east of Eden.*

17 *Cain knew his wife (his sister), and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son, Enoch.*

18 *To Enoch was born Irad, and Irad fathered Mehujael, and Mehujael fathered Methushael, and Methushael fathered Lamech.*

19 *And Lamech took two wives. The name of the one was Adah, and the name of the other Zillah.*

20 *Adah bore Jabal; he was the father of those who dwell in tents and have livestock.*

21 *His brother's name was Jubal; he was the father of all those who play the lyre and pipe.*

22 *Zillah also bore Tubal-cain; he was the forger of all instruments of bronze and iron. The sister of Tubal-cain was Naamah.*

23 *Lamech said to his wives: "Adah and Zillah, hear my voice; you wives of Lamech, listen to what I say: I have killed a man for wounding me, a young man for striking me.*

24 *If Cain's revenge is sevenfold, then Lamech's is seventy-sevenfold. "*